



# Voluntary Smart90

Filling your maintenance medications just got easier.

You have a lot going on. Taking your medication every day and remembering to pick up your refill every month isn't easy. We have a program that can help—it's called Smart90.

## MORE CHOICE.

Smart90 is a **voluntary** maintenance medication program. Maintenance medications are taken regularly, over time, to treat ongoing health conditions. With Smart90, maintenance medications **can be** filled in a 90-day supply through Express Scripts Pharmacy home delivery, at your local Walgreens pharmacy or at participating small, rural area pharmacies.

No enrollment is necessary. Smart90 is included in your plan and available **whenever you want to use it**. You may use Smart90 for one prescription, but choose not to use the program for another prescription. It's up to you.

## WHY FILL A 90-DAY SUPPLY?

- Having a 90-day supply of your medication on-hand typically means you're less likely to miss a dose.
- You can make fewer visits to the pharmacy to refill your medication.
- You may be able to save money by filling your prescriptions 90 days at a time.

## WHERE DO YOU FILL A 90-DAY PRESCRIPTION?

With Smart90, you must fill your maintenance medications through Express Scripts Pharmacy home delivery or at your local Walgreens pharmacy. Also, there will be some small, rural area pharmacies participating. Contact Express Scripts for a list of participating pharmacies.

If you take a 90-day prescription to a pharmacy not referenced above, the pharmacy will provide you with a 30-day supply. However, you must return to that pharmacy two more times for the two remaining 30-day fills.

## THE DIFFERENCE BETWEEN LONG-TERM AND SHORT-TERM MEDICATIONS.

- Long-term prescription drugs, also called maintenance medications, are those you take on an ongoing basis, treating conditions such as high blood pressure or high cholesterol. You'll save money by filling long-term prescription drugs through the Express Scripts Pharmacy home delivery, at your local Walgreens pharmacy or at participating small, rural area pharmacies.
- Short-term prescription drugs include antibiotics and other medications that you take for short periods of time. You can fill short-term prescription drugs at any participating retail pharmacy in your network.

### NEED MORE INFORMATION?

Visit [Express-Scripts.com](https://www.express-scripts.com) or call Express Scripts at **800-789-7488**.



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