## Meet your Concordia Plans Financial Education Team













Keith Duesenberg

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## Who is Concordia Plans?

Concordia Plans provides quality retirement, disability, life, health and wellness benefits to the workers of more than 6,000 LCMS congregations, schools, universities and seminaries. We're here to support you and your family as you continue to do His work and when you enter into retirement. As part of our focus on worker wellness, we offer resources and guidance to help you improve your well-being and reduce stress from financial worries.

## How can we help?

Financial wellness is an important part of our stewardship. God provides all that we need, and through careful and strategic decisions, you can care for your family now as well as provide for your future and the future of His church. By learning how to better manage your money, you'll reduce your financial stress and improve your overall well-being. As Financial Educators, we are here to assist you with your financial wellness – it's our purpose and passion – and because you are a member of the Concordia Plans, these services are absolutely free.

We can help you and your family on the path to financial wellness by:

- Discussing personal finance basics such as budgeting, goal setting and debt management.
- Evaluating financial risk protection needs such as insurance, basic estate planning and personal spending accounts.
- Explaining retirement readiness, your pension benefits and retirement savings plan.
- Answering questions regarding Social Security and health care in retirement.
- Sharing free resources and tools available to you.
- Reviewing worker benefits offered by CPS.



**Contact us with your questions or set up a one-on-one:** Email: MoneyMatters@ConcordiaPlans.org Phone: 314-885-6865

